



**South Suburban**  
**PARKS AND RECREATION**

FOR IMMEDIATE RELEASE  
Nov. 14, 2013

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**South Suburban offers Holiday Discounts on Admission,  
Personal Training Sessions and More**

Get fit and feel great for less this holiday season at South Suburban recreation centers with discounted personal training sessions, recreation center admission, monthly and annual passes, and massages and facials. Enjoy ten percent savings on training sessions, admission and wellness services from Nov. 21 – Dec. 31, 2013.

Customers who purchase a monthly or yearly pass or punches for admission have access to all facility amenities and drop-in fitness classes at Goodson, Buck and Lone Tree recreation centers. Punch cards offer the best value; they're available in 15 and 30 punches, and they never expire. Discounted personal training sessions are available for individuals and groups (two to four people), packaged in 3, 5 or 10 sessions. To purchase training sessions at Goodson or Buck recreation centers call 303-483-7089. To purchase training packages at Lone Tree Recreation Center call 303-708-3514.

Discounted monthly and annual passes are available at South Suburban's Buck Recreation Center, 2004 W. Powers Ave., Littleton; Goodson Recreation Center, 6315 S. University Blvd., Centennial, and Lone Tree Recreation Center, 10249 Ridgeway Cir., Lone Tree. Discounted massages are available at Goodson Recreation Center, and discounted facials and massages are available at Buck Recreation Center. For more information, visit [www.sspr.org](http://www.sspr.org), or call 303-347-5999.

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