



South Suburban
PARKS AND RECREATION

FOR IMMEDIATE RELEASE

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Jamie DeBartolomeis

303 483 7016

South Suburban Packs a Punch in September

South Suburban's September specials include deals on punch cards for recreation center admission, and discounts on personal/group training packages and facials and massages. During the month-long promotion, those who purchase a 30 punch card will receive five free punches, and those who buy a 15 punch card will receive two additional punches.

Punch card admission includes access to all facility amenities, including drop-in fitness classes. Punch cards never expire, and can also be used at South Suburban's outdoor pools. Purchase punch cards at Buck Recreation Center, 2004 W. Powers Ave., Littleton; Goodson Recreation Center, 6315 S. University Blvd., Centennial; and Lone Tree Recreation Center, 10249 Ridgeway Cir., Lone Tree.

Individual and group training sessions and packages purchased in Sept. are discounted by 10 percent. To make an appointment with a trainer at Goodson or Buck recreation center, call 303-483-7089. To schedule an appointment at Lone Tree Recreation Center call 303-708-3514. Facials and massages are also reduced by 10 percent. To schedule a facial or massage at Buck Recreation Center call 303-730-5224. To Schedule a massage at Goodson Recreation Center call 303-483-7080. Visit www.sspr.org for fitness class schedules, programs and events.

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