



South Suburban PARKS AND RECREATION

FOR IMMEDIATE RELEASE
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South Suburban to Host Free Senior Health & Resource Fair at Goodson and Buck Recreation Centers

South Suburban Parks and Recreation will host a free Senior Health & Resource Fair on Tues., May 7 from 10 am – 12 pm at Goodson Recreation Center, and Wed., May 8 from 10 am – 12 pm at Buck Recreation Center. The events will feature resources for healthy living, fitness, travel, and refreshments. Over 30 exhibitors including Colorado Legal Service, Arthritis Foundation, Alzheimer's Assoc., American Cancer Society, Life Quality Homes, and more.

The fair is open to the general public. Goodson Recreation Center is located at 6315 S. University Blvd, Centennial, and Buck Recreation Center is located at 2004 W. Powers Ave., Littleton. For more information call 303-730-4609. Visit www.sspr.org for information about programs and classes.

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