



South Suburban
PARKS AND RECREATION

FOR IMMEDIATE RELEASE
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South Suburban's Hoofin' it through the Hollows 5K Run/Walk along High Line Canal

Calling all guys and ghouls! Hoofin' It through the Hollows, a spirited, 5K Run/Walk along the High Line Canal trail, takes place Sat., Oct. 26 at 5:45 pm in South Suburban's deKoevend Park, 6315 S. University Blvd., in Centennial. Check-in begins at 4 pm at Shelter C in the park. The event is open to all ages and abilities. Friendly dogs on leashes welcome; strollers allowed.

Participants can celebrate Halloween early, and dress in costume. There will be a costume contest at 5:30 pm, just prior to the race. Pre-registration fee is \$25; \$30 race day, and includes race t-shirt and goodies. Children 6 and under are free. Register by Fri., Oct. 18 to guarantee t-shirt size. Online registration closes at 12 pm on Fri., Oct. 25. The race will be timed using timing chip technology, and prizes will be awarded in age and gender categories for the 5K run. To register, visit www.RunningGuru.com/Event/HoofinIt .

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