



South Suburban
PARKS AND RECREATION

FOR IMMEDIATE RELEASE
Oct. 28, 2013

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South Suburban's Seniors Program Hosts Lunch and Speaker Series

Featuring Army Sergeant Toby Montoya, with Warriors Speak

South Suburban's Seniors Program at Lone Tree Recreation Center is hosting a Lunch and Speaker Series tailored to active adults, age 50 plus. The series, *Individuals Who Influence*, features individuals who have unique stories, knowledge and perspectives to share.

On Thurs., Nov. 7 at 12 pm, Lone Tree Senior Programs present a Salute to Veterans, with guest Toby Montoya, an Army sergeant with Warriors Speak. Warriors Speak educates the American public on the struggles our nation's service members overcome through extraordinary and inspiring stories. Montoya will talk about his deployment to Iraq in 2004 and to Afghanistan in 2008. While there, he suffered traumatic injuries when a roadside bomb went off. The improvised explosive device (IED) changed his life forever. Montoya never let his injuries defeat him. He will talk about his experience and how he is living life to its fullest, and has hope for the future.

Toby Montoya is available for an interview. If interested email Kim Amidei at Kima@sspr.org.

Cost of the lunch and program is \$20/\$15 resident; 65 yrs. and up \$15/\$12 resident. Reservations are required by Nov. 5. Register online at www.sspr.org or call 303-347-5999. Lone Tree Recreation Center is located at 9808 10249 Ridgeway Cir., Lone Tree.

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